

### Greensburg Volunteer Fire Department

President Rick Steele

416 South Main Street - Greensburg, PA 15601

(724) 838 – 4324

http://www.gbgfire.org

### GVFD steps to follow when you are injured

### 1. Notify your Company Captain.

- After notifying your Captain, you or your Captain MUST immediately notify the Chief and Medical Officer.

### 2. Complete "City Employee of GVFD Member Incident Report"

- This MUST be completed by the injured individual ONLY!
- ALL sections of the Member Incident Report MUST be completed
- See attached documents (SECTION A)

### 3. Submit "City Employee of GVFD Member Incident Report" to the City Administrators office within 24 hours of the incident.

- If the Incident occurs from 4:00 pm on Friday through Sunday, the Incident report must be submitted before the close of business the following Monday. If the incident occurs and the following day(s) is a holiday, the incident report must be submitted before the close of business on the next regularly scheduled business day.

### 4. Designated Health Care Providers List.

- Injuries NOT requiring immediate emergency medical treatment MUST utilize a physician on this list.
- See attached document (SECTION B)

### 5. OPTUM Prescription Card

- If a doctor prescribes you ANY medication, you must provide this card to your pharmacy so that they can bill the worker's compensation insurance directly.
- See attached document (SECTION C)

### 6. While Under the Care of a Physician

- If you have NOT been released from the care of your physician you should NOT ATTEND any fire company/department related activities.

### 7. Return to Work

- Once the injured firefighter has been released from the care of the physician (for the injury that has been reported), you must provide written documentation of the release to the City Administrator, Company Captain, and Department Medical Officer.



## Greensburg Volunteer Fire Department

Injured Firefighter

# SECTION A

### **Fire Department Workers Compensation Directions**

### 1. Complete the incident report.

- -Numbers 1 through 10 MUST be completed. If you do not have an email address please write N/A. We cannot file a claim if any of this information is missing.
- -Numbers 11 through 22 must be completed with as much detail as possible. If something is not applicable please write N/A. This alerts the City that it wasn't missed but is truly not applicable to your situation.
- -Number 23 and 24, please mark the place of every injury, if you chose other please indicate in the blank space what the nature of the injury is.
- -Number 26: It is ok if no one witnessed this, so this field can be marked N/A if there was no witness.
- -Number 27: Please list any medical treatment sought, whether it is on the scene, your injury required an ambulance transport, and where you went. If you did not seek treatment but intend to, please make note of that and refer to the list of approved physicians that is attached.
- -Once complete please sign the form and date it.

### 2. Supervisor's Incident Investigation

-This form is to only be completed by a supervisor, if there is not one available this form does not need to be completed.

### 3. Incident Witness Statement

-This form is only to be completed by a witness that saw the entire accident, if there are no witnesses, please discard this form.

### 4. Designated Health Care Providers

- -This is the list of approved providers. If you need to schedule an appointment to be seen, please utilize only the doctors on this list.
- -If the event is an emergency, you can go to any emergency room or Med Express Urgent care.
- -When you arrive/schedule an appointment please tell the doctor/health care facility this is a comp claim, and if they need contact information they can call Angela at 724-838-4324.

### 5. Optum Prescription Information

-This card is to be used if a doctor prescribes you any medication, provide it to your pharmacy so that they can bill the worker's compensation insurance directly.

### City of Greensburg

### City Employee of GVFD Member Incident Report

### (To be completed by injured individual ONLY)

1. Name of Injured :			( City Employ	vees stop and go to No. 8)
2. Fire Department Co. No	3. н	ow long have you	been a member of t	he GVFD?
4. Street Address:	Cîı	City:		Zip:
5. Date of Birth:	6. Social Security No.		7. Phone Number:	
8. Email address:		9. Married? _	10: No. of E	Dependents:
11. Date of Accident:	12. Time of Accident:	13.	Lighting:	
14. Weather Conditions:	15: Who did you first re	port incident to ar	nd when?	
16: What were you doing when a	accident occurred (in detail)?	· 		
17. Were you trained to do this t	ask?			
18. How and why did the acciden	nt happen?			
19. What physical objects, tools, a	machines, structures or equipment were invo	olved in accident?		
20. Were you wearing safety gear	r or protective clothing (please describe)?		\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	
21. Could accident have been pre	evented? How?			,, ,, <u>,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,</u>
·		ription of Injury		
22 Describe injunt (Pain nausea	, other symptoms)			
,				· · · · · · · · · · · · · · · · · · ·
23. Parts of body affected (mark a	all that apply): 24. Nature	of Injury (Check al	l that apply)	
		Abrasion	n, Scrapes	
Q	<b>{</b> }	Broken E	Bones	
		Bruise		
	<i>\ \</i>		eat/chemical)	
		Cut Lag	eration, Puncture	
	T/W	Dermati:	-	
) ] (	i	Hernia	113	
$(\chi)$	(N)	Sprain, S	Strain	
		Other		
24. Have you missed time at worl	k due to this injury? 25. When did yo	u miss time at wo	rk?	
	Witness			
Phone Number:	Phone N	umber:		
27. Did you seek medical attentic	on? When? Where	? (facility or physic	cian)	
Signature of Employee/Fire Depar	rtment Member:		c	Date:
Signature of Supervisor:			D	ate:

### City of Greensburg

### Supervisor's Incident Investigation for Report of Employee Injury

1. Name of Injure	ed Employee:	Time Shift Began	Date of Incident	
2. Date/Time Inci	ident Occurred:	Date/Time Incident Was Reported to	You:	
3. Exact Location I	Incident Occurred:		400 De 11 .	
4. Witnesses:	Name:	Phone Number:		
	Name:	Phone Number:		
	Name:	Phone Number:		
		Description of Accident		
5. Detail what the	e employee was doing, hov	w he/she was doing it, and what physical objects, tools, r	nachines, structures or equipment were in	ivolved in the incident.
				_ _
				_
6. In your opinion	n, why did the incident occ	ur?		_
		Prevention		_
7. What should be	e done and by whom to pr	revent recurrence of this type of incident?		
a. Phys	sical Changes:			
b. Proc	cedural Changes:			_
c. Trair	ning Sessions:			_
8. What action ar	e you taking to see that pr	reventative changes are done?		_
				_
	- ***			_
Date of this report	t:			_
		Signature of Supervisor	Printed Supervisor Name	_

### City of Greensburg

### **Incident Witness Statement**

	Signature of Witness	Witness received by (signature)
	1117 5 5 7 7 6 7 7 7 7 7 7 7 7 7 7 7 7 7 7	
	177.5	
	7. Weather Conditions:	
5. Date of Incident:	Time of Incident:	a.m./p.m.
I. Location of Accident:		* * * * * * * * * * * * * * * * * * *
3. Home Address of Witness:	natura i	14.70 <del>0</del>
2. Name of Witness:	Phone No	
1. Name of Injured:		



## Greensburg Volunteer Fire Department

Injured Firefighter

# SECTION B



### An AmTrust Financial Company

Attached is a panel of Physicians for this address

KWC1305918 - 1 - City of Greensburg 416 S. Main Street Greensburg, PA 15601

Date created: 01/10/23

### Greensburg, PA 15601

### Workers' Compensation Program: Designated Health Care Providers

The following procedures must be followed in case of work related injury or illness:

### A. Immediately report the injury to your supervisor.

Any injury you sustain at work must be reported immediately to your supervisor. Failure to do so may delay your benefits or cause you to lose your rights to benefits. Supervisors must promptly report injuries to the appropriate personnel office.

### B. Obtain medical care from a provider listed below.

#### Concentra Medical Center

Occupational Medicine
Occupational Medicine Clinic
15 Freeport Rd Ste. 100
Pittsburgh, PA 15215
412-784-1678

### WorkWell Physicians PC

Occupational Medicine Clinic
1 Monroeville Center
Monroeville, PA 15146
800-662-2400

### Masterson, James N., DO

Orthopedic Surgery 410 Pellis Rd Ste 2A Greensburg, PA 15601 724-689-1070

### Optum

Available at any major pharmacy PHARMACY 800-393-1398

#### One Call Care

Requires adjuster approval PHYSICAL THERAPY 866-672-3064

#### St Clair Health

Occupational Medicine Clinic 2000 Oxford Dr Bethel Park, PA 15102 412-942-7101

### MedExpress Urgent Care - Altoona

Urgent Care
Urgent Care Clinic
5126 State Route 30 Suite 300
Greensburg, PA 15601
724-836-3027

### Bellicini, Christopher J., DO

Excela Health Orthopedics Orthopedic Surgery 680 Pellis Rd Greensburg, PA 15601 724-689-1970

### Richless, Lloyd, M.D.

Occupational Healthcare Occupational Medicine Occupational Medicine Clinic 251 7th St Ste 201-B New Kensington, PA 15068 724-335-6662

One Call Medical Diagnostics

Requires adjuster approval

DIAGNOSTICS

866-672-3064

#### Heads Up

For the nearest location, please call the toll free number.

\*\*DENTIST\*\*
855-443-9872

### Hospital

For Emergency Services, please go to the nearest hospital. HOSPITAL

(FOR EMERGENCY SERVICES ONLY)

### C. Medical Emergency:

If you are faced with a medical emergency, you may secure initial emergency treatment from any of the above mentioned emergency facilities or any other emergency facility. However, any follow-up care to the emergency treatment must be with a designated health care provider.

### D. If you choose to treat with an out of state provider, you may be subject to balance billing.

### E. For medical treatment to be paid by your employer:

- 1. You must select one of the physicians or physician groups listed above.
- 2. You must continue to visit one of the physicians listed above or any specialist to which that provider refers you, if you need treatment, for Ninety (90) days from the date of your first visit. This requirement is in conformance with the Pennsylvania Workers' Compensation Act, Section 306 (F) (1) (i).
- 3. After Ninety (90) days, if you still need treatment, you may continue with the same physician or you may choose to go to another physician or health care provider for treatment. If you decide to go to another provider, you must notify your employer of this action within five (5) days of your visit.
- 4. Your bills will be paid if your physician or healthcare provider reports as required (within ten days after your first visit and at least once a month as long as treatment continues). You must notify the new provider that these reports are to be submitted to the following address:

AmTrust North America P O Box 94405 Cleveland, OH 44101 888-239-3909 Toll Free 678-258-8399 Fax

\*For medical groups, all providers are eligible to render medical services.



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Injured Firefighter

# SECTION C





Optum PO Box 152539 : Tampa, FL 33684-2539

### MAKING IT EASY... TO GET WORKERS' COMPENSATION PRESCRIPTIONS FILLED.

Optum has been chosen to manage your workers' compensation pharmacy benefits for your employer or their insurer. Below is your First Fill card that will allow you to receive your injury-related prescriptions at your local pharmacy. Please fill out the card based on the instructions below.

Injured E	mployee:
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If you need a prescription filled for a work-related injury or illness, go to an Optum Tmesys® network pharmacy. Give this temporary card to the pharmacist. The pharmacist will fill your prescription at low or no cost to you.



If your workers' compensation claim is accepted, you will receive a more permanent pharmacy card in the mail. Please use that card for other work-related injury or liness prescriptions.

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Most pharmacies, including Walgreens, our preferred provider, and all major chains, are included in the network. To find a network pharmacy call 1-866-599-5426 or visit tmesys.com.

Questions? Need Help	1
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Workers (compensation	iriesairpioniprvariogravi
AmTrust North America	CITY OF Greenshours
INJURED WORKER NAME	
Please provide directly to Pharmac	cist
SOCIAL SECURITY NUMBER	DATE OF INJURY (YYMMIDD)
Notice to Cardholder: Present this card your work-related injury. To locate a pi	to the pharmacy to receive medication for

Tmesys i	is the designated I	Bld for this p	atlent	•	;
	Tmesv	s Pharr	nac	y Help Desk	1
		1-800-9		•	ì
		NDC	<del></del> -	Envoy	J
	RXBIN .	004261	or	002538	<b> </b> .
	RXPCN	CAL	or	Envoy Acct. #	,
	GROUP	FF			1:
					<i>)</i> ,

NOTE: This First Fill card is only valid for your workers' compensation injury or illness.



### **Employer:**

immediately upon receiving notice of injury, fill in the information above and give this form to the employee.

The following entities comprise the Optum Workers Compensation and Auto No Fault division: PMSI, LLC, dba Optum Workers Compensation Services of Ifolida; Progressive Medical, LLC, dba Optum Workers Compensation Services of Onlo; Cypress Care, Inc. dba Optum Workers Compensation Services of Georgia; Healthcare Solutions, Inc., dba Optum Healthcare Solutions of Georgia; Settlement Solutions, LLC, dba Optum Settlement Solutions; Procura Management, Inc., dba Optum Managed Care Services; Modern Medical, dba Optum Workers Compensation Medical Services, collectively and individually referred as "Optum,"



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